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The State of Mental Health on College Campuses 5 By Melissa Wood In the past twenty years, the number of college students with clinical depression and suicidal tendencies has tripled, and approximately 1.6 million students sought counseling assistance last year. It is perhaps no wonder that acts of violence on campuses have increased as well. This article examines what administrators can do in order to protect our colleges from further tragic occurrences. 17 Building a Community on the Fast Track: ENG. 09/111 at Central Virginia Community College (CVCC) as a Tier C Model By Lana Velez with Kevin Riley This author organized and taught the new ENG 09/111 classes at her college, as well as authoring the course text and workbook. In this article, she details the course structure, discusses its statistical assessment, and includes the reactions from students who have taken the class. Teaching Introductory Psychology in the Community College Classroom: 27 **Enhancing Student Understanding and Retention of Essential Information** By Scott M. Debb, Ed.D. and Sharon M. Debb, M.A. Here the authors describe a study conducted to determine whether a "Test Yourself" procedure, administered either before or after a lecture, might improve students' retention of the information, as well as stimulate critical thinking. **37** Medieval Day at Reynolds: An Interdisciplinary Learning Event By Nancy S. Morrison A single day at this college involved faculty, staff, and students in an interdisciplinary teaching and learning experience. In this article, the primary organizer of Reynolds's Medieval Day discusses its origin, details the schedule of events, and dispenses advice for any who might be interested in creating a similar college-wide experience. Teaching with a Global Perspective 43 By Dr. Percy Richardson This author encourages the adoption of global thinking in the classroom, and emphasizes that the teaching of cultural literacy and foreign language skills are necessary to prepare students for job opportunities in the global market. He also discusses the prospects for travel abroad for both students and faculty. An Ex Post Facto Study of First-year Student Orientation as an Indicator of Student Success at a Community College 51 By Dr. Amanda Ellis-O'Quinn New student orientation courses are one of the most popular methods used by colleges to address student attrition, but there is little research to show whether these courses are effective. This article features a study which examined the relationship

between enrollment in orientation courses and increased student retention.